



FREE LOCAL NEWSPAPER

BARRABA COMMUNITY NEWS

COMMUNITY OWNED AND EDITED

Wednesday 3rd May 2023

Frost to start the Spring

The first weekend of September has been chosen for the Frost Over Barraba Arts Festival to return. The almost 50 year old Festival has been missed in 2020, 2021 and 2022 when Covid prevented it happening.

Traditionally a mid winter event, this Frost will be held at the start of Spring. The different time slot may allow some changes to the program as the weather will be warmer.

Other changes are on the cards as the committee seeks to streamline the festival to make it more sustainable. "This year Frost is trying some things to make the festival simpler to hold. The organising committee are volunteers and the scale of the event needs to fit with what the team are able to do, and keep doing annually," said Convenor Jane Harris. "Frost will still be a large festival with plenty of interesting features. Barraba loves Frost as do artists and visitors from around the region and beyond."

Some changes in 2023 include limiting the number of artworks to be entered per artist to two. The main show can no longer be hung in the RSL Memorial Hall. In recent times there have been almost 500 works at Frost's main art show. Less entries per artist will still make a strong show but enable a smaller venue to be used.

The RSL Hall, although Barraba's largest facility of its type, is no longer suitable for the art show and the building is for sale. The Art Show in 2023 will be mounted in the Treloars corner building. This double shopfront is very spacious and will lend itself to being an art gallery for the Frost Festival. Organisers also like its central location on Queen Street.

Organisers still plan on inviting judges to award prizes. "We know artists really appreciate the prize aspect of the show," says Competition Coordinator Angela Croll. "Frost has always strived to assist regional artists and prizes are an important part of supporting our artistic community".

Frost has an organising committee of around a dozen local people who meet regularly to pull the event together. A larger 'Event team' of volunteers work in the week leading up to the festival and the week afterwards. Both teams warmly welcome new members to help out. To join in, contact the team on frostoverbarra@yahoo.com.au.



BARRABA RSL & RECREATIONAL CLUB LTD

Phone 67821379

For the information of member's and guests.

HAPPENING SOON

FRIDAY 12TH MAY:

MOTHER'S DAY RAFFLES
PLUS MEAT & VEGIE TRAYS

SUNDAY 14TH MAY:

MOTHER'S DAY LUNCHEON
\$25.00 PP ROAST & DESSERT
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Barraba Branch of the United Hospital Auxiliaries

General Meeting

Friday 5th May 2023 10.00am at
The Day Centre, Barraba Hospital

All welcome.

Enquiries to Julie on 0412603831.

WE NEED YOUR HELP!

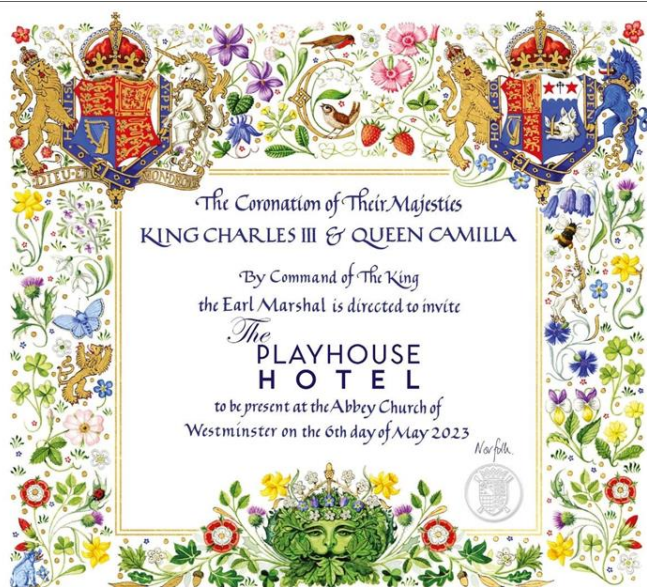
TRANSPORT DRIVER
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Join us for a live screening of this historic event on the big screen. Free entry.

Dinner (Coronation chicken and trifle) available from 6.00pm at \$30 pp.

Bookings are essential for dinner - phone 6782 1109.

GWYDIR SHIRE COUNCIL

Community Meetings

WEDNESDAY 26 APRIL 2023 | 6PM | SPORTING CLUB, NORTH STAR
THURSDAY 27 APRIL 2023 | 6PM | BOWLING CLUB, CROPPA CREEK
TUESDAY 2 MAY 2023 | 6PM | ROXY THEATRE, BINGARA
THURSDAY 4 MAY 2023 | 6PM | TOWN HALL, WARIALDA
TUESDAY 9 MAY 2023 | 6PM | OLD RSL CLUB, GRAVESEND
TUESDAY 16 MAY 2023 | 6PM | SPORTING CLUB, UPPER HORTON



COLLEGE CHAT

www.ccni.nsw.edu.au

RTO90027



WHAT WOULD YOU DO IN AN EMERGENCY?



Provide First Aid is coming to Barraba on 17th May! This AgSkilled-funded course is for **producers, managers, supervisors, and farm hands**. For more information or to register in this accredited training, contact Sue on 0427 543 233 or the Community College on 6782 1662.

This training is subsidised by the NSW Government. *Eligibility rules apply.*

HLTAID009 Provide cardiopulmonary resuscitation

HLTAID010 Provide basic emergency life support

HLTAID011 Provide First Aid

**Grow
on-farm
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History Notes

I am pleased to report that the Go-Co luncheon was most successful. Those who were unable to attend missed a relaxed two or three hours chatting under the tree and the shade. The cooks produced a great assortment of salads and the two husbands did a great job with the barbeque. We had a lucky door prize which was won by June Russell.

Family history has been quiet this week but no doubt there will be questions asked as the weather cools down and more people are inside reading and researching.

Many years ago, I heard about Mrs Hagan being flooded out of her hut at Glen Riddle in the 1864 flood. I assumed that she was living around the junction with Ironbark Creek or perhaps down the Manilla River a bit – but a piece of newspaper dated Tuesday 10th March, 1914, has shown that the hut was probably down river towards Upper Manilla.

The last part of this article concerns a family living some miles up the Manilla River from Manilla. Myles Hagan, an Irishman, and his wife, Jessie, who was Scottish were raising their family in a hut somewhere near the river in February, 1864, when Myles went upstream to the Glen Riddle head station. He had not returned by dark and so the children were put to bed and their mother was also asleep when something disturbed her and caused her to throw her arms outwards, to her surprise she found she was surrounded by water.

She carried her children through teeming rain out onto high ground, and then went back to the hut and secured a bag of flour and whatever coverings she could put her hands on in the dark. Half an hour later the whole house and its contents were washed away.

Myles returned the next morning on the opposite bank but could not see anything except signs of where the home had been – he tore his hair in distress fearing that his wife and six children had all drowned. Imagine his relief when he heard the old native signal – cooe. It was then that he saw his wife and family standing on high ground in teeming rain. They had built a fire and made a shelter out of old blankets and remained there for a week.

The six children James, Robert, Barnard, Catherine, Margaret and baby Andrew all survived the ordeal and the parents went on to have ten more children including a set of twins.

From Adam Marshall

OPENING OF NEW BINGARA MILITARY MUSEUM



I was delighted to join with the Bingara community last weekend and officially open the new Bingara Military Museum.

A previous State Government grant of \$107,340 was used by Gwydir Shire Council to purchase the former Salvation Army building, adjacent to the Bingara District Historical Society Museum, to allow for the development of a purpose-built space to properly display Bingara's extensive military history records, items and memorabilia.

It was wonderful to see such a large crowd of locals and visitors turn out for the opening day celebrations, complete with a Bushmaster military vehicle, loaned from the 12/16th Hunter River Lancers, entertainment provided by the North West Theatre Company and lunch provided by the Westpac Rescue Helicopter Support Group.

Huge congratulations and thanks to the Bingara District Historical Society President Jane Connolly, Secretary Judi Peterson and members on the herculean effort they put in to get the museum up and running and organising a superb opening celebration.



Barraba Central School 2nd. & 3rd. Years 1950.

Rear: Bill Hagan, Brian Hatherly, Bob Elliott, Bill Walsh.

3rd. Row: Mr. Mackerall (Teacher), Phyllis Corcoran, Esme Parry, Marcia Anderson, Pat Murray, Shirley Park.

2nd. Row: Ivan Brodbeck, Marion Douglas, Myfanwy Hook, Pam Jenner, Shirley Urquhart, Leonie Faddy, Bob Lillis, J. Small (Headmaster).

Front Row: Jan Flynn, Lynette Faddy, Dorothy White, Joan Campbell, Betty Saunders.

Another excellent Barraba Central School photo from 1950 shared by Pam Reed.

This is 2nd. & 3rd. Years in 1950. All names supplied by Pam.

The majority of these kids stayed in touch over the years, but some went far afield. I had assumed Myfanwy Hook's father was Malcolm Hook, a dentist, who later moved to London. Velma Sewell (Urquhart) messaged me that Myfanwy's dad was actually Joe Hook, a shearer who worked for her dad and lived next to the Corner Store.

Malcolm Hook the dentist actually worked from Manilla and visited Barraba one day a week. The only reason I know Malcolm Hook moved to London was because Grahame D. Down our former accountant checked the time one midday and commented that it was 2am in London. He then placed a long distance call (it was manual telephone exchange days) to Malcolm Hook in the UK.

It took a while for the rather groggy Malcolm to answer the call and Grahame cheerfully asked him how he was. Malcolm groggily "Oh! OK!" Grahame "That's great!" and hung up. Downsie was delighted, he said Malcolm was going to wonder who had called him for the rest of the night but I'm pretty sure it would have taken just under a second.

You have to remember this was before TV got going here and our entertainments were quite a lot simpler.

Posted by Brian Coote.



Heart Week is Australia's national heart health awareness campaign held in the first week of May each year. It provides an opportunity for health professionals and the Australian public to start a conversation about heart health and take positive steps to reduce heart disease risk.

For this year's Heart Week, we are encouraging Australians to do three simple things to look after their heart – check their blood pressure, use the Heart Age Calculator to understand their risk of heart disease, and book a Heart Health Check with their GP.



**MAKE TIME TO
CHECK YOUR
HEART HEALTH
THIS WEEK**

Member for Tamworth Kevin Anderson is encouraging the community to set time aside this week to check their heart health with the Heart Foundation's free online calculator. Mr Anderson said the Heart Age Calculator takes three minutes to complete and could be a good early indicator for your risk of heart attack or stroke.

"Heart disease is the number one killer in Australia and isn't limited to any age group, gender or lifestyle," Mr Anderson said. "That's why it's so important to keep your heart health in check by identifying your risk online and booking in with a GP who can assess your risk of having a heart attack or stroke in the next five years. The week is also a good reminder of the importance of maintaining a healthy, active lifestyle through diet and exercise. Make time to have a walk around the neighbourhood and plan a few healthy meals this week. Building good habits puts you in the best place to live a long, happy life and there's never been a better week to start."

The Heart Foundation has a wealth of advice available online for their Heart Week campaign at https://campaign.heartfoundation.org.au/heart-week?utm_source=GM&utm_medium=various&utm_campaign=heart-week-2023

The Heart Foundation hopes a new documentary exploring the devastating impact of Rheumatic Heart Disease (RHD) on Australia's First Nations people will rally more public support to end its spread and protect future generations.

The Heart Foundation's First Nations Heart Health team including Professor Sandra Eades and Vicki Wade are urging Australians to learn more about RHD by watching the recently aired national television premier of documentary Take Heart Deadly Heart.

Both Prof Eades and Ms Wade are proud women of the Noongar Nation and two of Australia's most respected and experienced First Nations health experts.

Together, they are leading the development of the Heart Foundation's First Nations Heart Health Strategy. Supporting research and innovation to end RHD will be a key focus of the Heart Foundation's new strategy when launched later this year.

Ms Wade co-produced Take Heart Deadly Heart and said an important first step to ending RHD was to help Australians understand the problem so they could take action to support efforts to end it.

"Many Australians still do not know what RHD is. Older Australians may recall it being around in the 1950s but since then it has been eliminated in the mainstream population. The sad thing is that it is now almost entirely seen in First Nations communities in Australia, with some of the rates being the highest in the world," Ms Wade said.

"This is because it is rarely found in developed nations, and less so in urbanised areas where people have access to clean water and generally better living conditions."

What causes RHD?

Professor Eades said living standards in remote communities allowed infections of Streptococcus A – which cause RHD – to flourish. "Repeated Strep A infection can cause the immune system to overreact, leading to acute rheumatic fever (ARF)," Prof Eades said. "This can then go on to injure the valves of the heart, progressing to the irreversible and life-threatening condition of Rheumatic Heart Disease. There are over 9,000 people in Australia with ARF or RHD and sadly nearly 80 percent of these are within Australia's First Nations population. RHD mostly impacts women and children."

Take Heart Deadly Heart is available for catch up via SBS On Demand

BARRABA UNITING CHURCH NOTICES

Sunday 4TH May 2023

Service time 10.45am.

Please note new time for next 4 months

All welcome

CATHOLIC CHURCH TIMES

Barraba 1st & 5th Saturday evening Mass 5pm

2nd 3rd & 4th Sunday 9am

Upper Horton 3rd Sunday 11am

Weekday Mass Wednesday 10am

ANGLICAN CHURCH TIMES

St Laurence's Barraba

Sunday service at 10.00am

Woodsreef 2nd Sunday of the month at 11.30am

BARRABA YOUTH

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The Youth Centre @ Barraba Anglican Church

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Join our New Residents Event in May

Tamworth Regional

Council are delighted to announce that the first New Residents Event for 2023 will be held on Wednesday May 24 from 5:30 – 7:30pm at the Tamworth Town Hall.

Those who are new to the region are encouraged to utilise this free, family-friendly event as an opportunity to meet other new residents while learning about the Tamworth community. Attendees can expect to receive light snacks and beverages throughout the evening, as well as be entertained by local performers.

Mayor Russell Webb, who is hosting the event on the night, is “immensely looking forward to the occasion to meet new residents and understand what has beckoned them to make the move to our wonderful city”.

Over 25 businesses, community groups and non-for-profit organisations will also be in attendance to showcase their services, as well as provide helpful information to assist new residents in navigating their way around the community.

“The New Residents Event is a great way for those who have just moved to the region to gain an understanding of what activities and networks exist within the community, and how they can get the most out of living here”.

For those who are interested in attending or know someone who may want to attend, RSVP's to the New Residents Event are being collected at:

<https://www.tamworth.nsw.gov.au/about/forms/new-residents-event>

BARRABA COMMUNITY NEWS

COMMUNITY OWNED AND EDITED

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LORNA MILLGATE SCHOLARSHIP TRUST 2023

The Trust is sponsored by the Grand Lodge of NSW and ACT.

It is for young people who have started their tertiary education at University, TAFE or other recognised tertiary learning centre.

There is a wide range of disciplines that are covered by the Trust such as Agriculture, Business, Nursing, Teaching, Engineering, Speech Therapy, IT, Plumbing, Vehicle Mechanics and many others.

The nominee must be an Australian Citizen, be a resident in NSW or ACT, attending a recognised institution of tertiary learning and in need of financial assistance to help them in pursuing their chosen course.

NOMINATIONS CLOSE ON 16 MAY 2023

For further information contact David Jones on 6785 1836, Secretary of Lodge Saint Andrews, Manilla, NSW or Bryan Barrass on 0410600156, Treasurer of Lodge Saint Andrews, Manilla, NSW.



- 1 Caprese, Nicoise and Waldorf are all types of what?
- 2 Which animals can be either Baleen or toothed?
- 3 The world is divided into how many time zones?
- 4 Easter Island is a special territory of which country?
- 5 Complete the saying: Justice delayed is justice..... what?
- 6 What is the main ingredient in Borscht Soup?
- 7 In Olympic swimming, which are the two undulating strokes?
- 8 What is an adult female turkey called?

Answers on page 12

RECENT ANNIVERSARIES

- the publication of the world's first crossword puzzle book, by Simon & Schuster (1924)
- the death of Albert Einstein (1955)
- the marriage of Grace Kelly and Prince Rainier III of Monaco (1956)
- Captain James Cook's first sighting of Australia, arriving in what is now New South Wales and landing at Botany Bay (1770)
- the deaths of Lord Byron (1824) and Charles Darwin (1882)
- *Advance Australia Fair* being proclaimed as Australia's national anthem, and green and gold becoming the national colours (1984)
- Marie and Pierre Curie isolating the radioactive compound radium chloride (1902)
- the Chernobyl nuclear disaster (1986)
- the wedding of Prince Albert Duke of York (King George VI) and Queen Elizabeth, the Queen Mother (1923)
- Ludwig van Beethoven composing *Für Elise* (1810)
- the Australian Labor Party under Prime Minister Chris Watson becoming the first labour movement-aligned government in the world (1904)
- RC Duncan patenting the disposable nappy (1965)
- the Korean summit, which saw North and South officially end the Korean war and agree to rid the peninsula of nuclear weapons (2018)
- the death of Australian politician and Federation father Sir Henry Parkes (1896)
- the mutiny on HMS Bounty against William Bligh (1789)
- the Port Arthur Massacre (1996)
- the Chemical Weapons Convention coming into force, which outlaws the production, stockpiling and use of chemical weapons by its signatories (1997)
- the marriage of Prince William and Kate Middleton (2011)
- Mr Potato Head becoming the first toy to be advertised on television (1952)
- the World Wide Web (WWW) being launched in the public domain (1989)
- 'Penny Black', the world's first adhesive postage stamp issued by Great Britain (1840)
- Tasmania decriminalising homosexuality (1997)

My kid is biting, hitting and kicking. I'm at my wit's end, what can I do?

John McAloon, Senior Lecturer, Graduate School of Health, University of Technology Sydney

Everyone with young children experiences parenting challenges. And these are often exacerbated by parental exhaustion, financial or relationship difficulties, and work stress.

I'm a clinical child psychologist who runs a clinic for parents experiencing difficulty parenting young children. One of the first questions parents ask us is "do I need help?"

If there is more stress than enjoyment for you in being a parent, or you are becoming increasingly reactive or angry, or struggling to find things that work in your situation, the answer may be "yes".

When parents come and see us, they might tell us their child is kicking or biting or screaming. Or they might say their child is anxious, worried or reticent. They might also say they're getting angry and yelling at their child.

From decades of research, we know there is every chance we can improve these things. And the earlier we start, the better the outcomes.

What is the science behind parenting?

Parents who seek help are often referred into evidence-based parenting programs. The scientific evidence shows babies are born with a genetic blueprint that determines who they will become. But even identical twins arrive with unique temperaments – the outward expression of who they are.

A child's genetics and temperament are also influenced by their developmental environment. From a child's earliest days, the experiences they have with their parents and carers influence much of their social, emotional, behavioural and cognitive development.

Parents and carers are the most important people in their child's life, and their attention is hugely reinforcing for the child – they are built to receive it, and develop as a result.



Parents and caregivers are the most important people in their child's life. Zach Callahan/Unsplash

I do need help!

It's important families get assistance from someone who is experienced and qualified to treat parenting difficulties. But here's how we work with families who are experiencing difficulties.

1) How were you parented?

We first ask parents who come to see us what their experience of being parented was like. Sometimes they tell us it wasn't good and now they are getting angry just like their parents did. Other times, we hear parents are so determined not to be like their parents that they have made no rules or routine.

Sometimes we see kids who worry, who are anxious or clingy – and we see their parents working hard to protect them from the things they worry about.

When parents come to us wanting to change their child's behaviour, change generally has to start with them – and their relationship with their child.

2) How reactive has the family become?

We work to calm parents who are yelling or getting angry by teaching them ways to calm and allocate their attention away from things that cause them anger.

Children who see parents regulate their emotions learn to regulate their own emotions and are better able to control their own behaviour.

Unregulated emotions, on the other hand, might result in the child hitting, biting and kicking because they're unable to calm themselves down, or because hitting, biting and kicking ensure their parents will interact with them.

3) What are the desirable behaviours you'd like to see?

We want to know about everything the child does that their parents regard as desirable.

Parents can usually identify things they like – but sometimes they say there is no desirable behaviour. I don't think I've ever seen a child who only behaves badly.

Desirable might mean an anxious child behaving without worry. For a child who runs around causing mayhem, desirable might be seeing them sitting down, concentrating on colouring in. For a child who has meltdowns, desirable might be whenever parents realise the meltdown is starting to calm.



*Think about what behaviours you'd like to see. Annie
Spratt/Unsplash*

4) How can you reward desirable behaviour?

We ask parents to develop new habits: we ask them to start commenting on and responding in “relationally rich” ways to all the desirable things their child does. Relationally rich means parents use verbal, physical and facial responses to the child's desirable behaviour, so it increases.

Think about a see-saw. At one end of the see-saw is desirable behaviour and we want to see that go up. At the other end is undesirable behaviour and we want to see that go down. We know, for most families, if parents increase their engagement of the child's desirable behaviour, it will increase.

If you're concerned about a child in your family, start by discussing getting assistance. This might be from a family GP or from a clinical psychology practice that specialises in parenting. Remember, if you need assistance, consult someone who is experienced and qualified to provide it.

From The Conversation

When is it time to stop driving? Will mandatory assessments of older drivers make our roads safer?

*Amie Hayley, Rebecca L. Cooper AI & Val Rosenstrauss
Fellow and Senior Research Fellow, Swinburne University of
Technology*

Australia is a nation of car owners with a rapidly ageing population. Drivers aged over 70 have nearly doubled in number in the past 20 years. The trend is the same for hospitalisations and fatalities due to crashes involving older drivers.

Ageing itself is not a barrier to safe driving. Even so, our ability to drive safely can become compromised as we get older. It can be difficult to know what to do if you have concerns about someone's driving.

So, how can we ensure ageing family members and friends are safe on the roads? And should regular assessment of drivers over a certain age be mandatory? Some states and territories require it, others don't.

What affects our ability to drive safely?

Driving is a complex task. A driver must be alert and respond quickly to any changes, especially in an emergency.

Substance usage, fatigue and distraction all affect a person's ability to drive safely. So, too, do many of the changes that happen with advancing age.

Declining mobility, eyesight or hearing can impact some of the more obvious skills needed for safe driving. This might include the ability to turn and check mirrors, or to hear other vehicles. Advancing age can also lead to a decline in more hidden skills of safe driving, including our ability to plan effectively, think quickly and react appropriately.

Many older people are able to keep driving safely, though, and recognising the signs of a potential problem can be tricky. However, there are practical steps individuals, families and friends can take to ensure the safety of older drivers and other road users.



*Deciding when
a person
should stop
driving can be
challenging,
especially
when they
don't think
there's any
problem.
Shutterstock*

What rules apply around Australia?

Licensing requirements for senior drivers vary a lot among Australian states and territories.

Broadly speaking, drivers aged 75 years and older must have a medical assessment each year to keep their licence in New South Wales, Queensland, Western Australia (over 80) and the ACT. In Tasmania senior drivers are asked to volunteer information about any conditions that might negatively affect their driving.

People can drive freely up to any age in South Australia, Victoria and the Northern Territory. It's up to the individual to ensure they're medically safe to drive.

So, do these differences between states have a major impact on the safety of older drivers? Not really. Some early research showed older drivers in jurisdictions with more stringent rules (such as NSW) were no less likely to be injured or killed in a traffic crash than people in states with voluntary reporting requirements (such as Victoria).

This finding points to the need for multi-tiered – rather than simply age-based – assessment for identifying older at-risk drivers. It requires the involvement of a range of health practitioners in more elaborate types of assessment.

Despite these differences in rules and regulations, a common theme is to ensure a person can drive safely, independently and legally. Exactly what that means, and how it is evaluated, is decidedly less clear.

How do you know if someone is safe to drive?

There is no standard way to test a person's fitness to drive. National driver medical guidelines outline minimum standards that people should meet to be considered medically safe to drive. The guidelines do not outline how medical safety is assessed nor how we can help older people recognise the signs of declining driving ability. They also do not provide advice on exactly what tests can be used.

Requiring older drivers to complete an advanced driving test (such as on a closed track) would clearly show whether they are fit to drive. However, these tests are very costly, impractical and difficult.

Cognitive screening tests are a practical stand-in solution to test for a decline in many functions needed for driving, such as vision, cognition and motor abilities. The tests range in difficulty from the simpler pen-and-paper clock drawing or the trail-making test, which can be done at home, to the more complicated Montreal Cognitive Assessment. While these tests are not able to diagnose medical disorders, they reliably indicate whether a person has dementia.

A recent study in Japan found a decrease in motor vehicle collisions after a cognitive screening test became mandatory during licence renewals for its relatively high proportion of

drivers over 75. As this test also assessed whether they were likely to have dementia, it helped identify and remove the most impaired drivers. This approach might help provide a standard way to quickly identify Australian drivers who are most at risk.

Not being able to drive also has impacts

For many older Australians, having a driver's licence provides a critical link between health outcomes, mobility and social connectedness. It's worth noting the Japanese study found cycling and pedestrian injuries increased in the age group affected by mandatory cognitive testing. This was attributed to the enforced change in their options for getting around.

Therefore, determining whether an older person is fit to drive should involve proactive conversation, with the goal of enabling them to keep driving for as long as it is safe.

Some easy ways to help older drivers remain confident and safe include:

- planning trips in advance
- driving in daytime only
- avoiding peak-hour traffic
- getting regular check-ups that test sight, hearing and mobility.



Driving at night is typically more challenging than daytime driving, especially once eyesight has deteriorated.

Another thing to consider is that older drivers are more likely to drive old vehicles that lack the technology that keeps us safe before, during and after a crash. Choosing a vehicle that provides the best protection makes a difference – drive the safest one you can afford.

If driving has become too difficult or unsafe, it is important that family and friends help with the transition from driving. There's a need to consider how life can best continue as normal without the use of a vehicle. This might involve conversations about how to access community services and other ways of getting around, whether public or private transport.

Advancing age does not always mean a loss of driving ability. Nonetheless, recognising warning signs will help all drivers safely use the roads. Regular health assessments that include cognitive screening tests, making proactive changes in driving practices and choosing the safest vehicle possible are all practical ways we can help ensure older drivers stay safe.

Rugby Union Report

The Barraba Rams travelled to Inverell last Saturday and came home with a loss in the girls game and a good win in the mens match.

The girls, again struggling for numbers, were beaten 17-12, three tries to two, so not a bad loss.

In the mens game the Rams got up over the home side 27-13, for a comfortable win. With the forwards again leading the way, and giving the back good ball, allowing them to play some good rugby.

Barraba led 15-13 with 15 minutes to go and crossed for 2 tries and a conversion for a solid win.

This coming Saturday the Rams are home to the pirates who will be out to change the first round result from last year, after a shock loss.

Round 4 games;

Moree/Narrabri, Quirindi/Gunnedah, Barraba/Pirates, Scone/Walcha, Inverell bye.

Country and Central West Rugby lost a stalwart player and official in John (Blue) Stanbrook who passed away last week. Blue, from Yoeval, was picked for the Wallabies in 1958, but prior to the team leaving for England his father died so he had to stay home and run the farm.

Blue was a solid winger and is known to some locals. Dave Smith, Chris Forbes, Bill McKid and Geoff White. Dave played against him from Wellington. Chris played against him in club level and with him against the All Blacks in 1961. Bill and Geoff came across Blue as a Country Selector who, with his two sidekicks, were known as 'the mafia', which they enjoyed.

Blue was in everything Rugby, playing, coaching, especially work with the juniors, and always with tips on how to improve your game.

He had been in a home for some years with dementia, he will be remembered and missed by many. His service at Yoeval Hall is on Friday 12th May at 10am.

Golf Notes

With Barraba golfers supporting the Bingara Open last Sunday there was no local competition to report. Our attention now turns to our three days of golf commencing this Friday with our Annual Barraba Veterans Open Day. An Individual Stableford format across Divisions 1 (handicaps up to 17) and Division 2 the Veterans Open Day is popular throughout our region. There is also a 3 person team event for the Burke Shield held in conjunction.

On Saturday is the Barraba Mixed Open 4 BBB whilst on Sunday is the Barraba Annual Open Fourball is jointly sponsored by DJ Kelly & Co and Stock and Crop. Early indications are nominations are well up on previous years with last year's scratch winners, Andrew Davey and Chris Redmond, from Singleton returning to defend their crown.

Trivia Answers

- | | |
|---|----------------------------|
| 1 | Salad |
| 2 | Whale |
| 3 | 24 |
| 4 | Chile |
| 5 | Denied |
| 6 | Beetroot |
| 7 | Breaststroke and Butterfly |
| 8 | Hen |

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 - Drainer
 - Gasfitter
 - Polywelder
 - Roof Welder
- Ph0408117358

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PHIL DENYER

MECHANICAL REPAIRS

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