

BARRABA COMMUNITY NEWS

COMMUNITY OWNED AND EDITED

Wednesday 15th June 2022

Hugh McKid Workshop "Draws" Budding Artists to Fuller Gallery

Last weekend the Barraba Potters and Craft Guild conducted its long-awaited drawing workshop, which had been postponed during Covid. It was held at the Claypan's Fuller Gallery over Saturday and Sunday, and was fully booked with 10 participants. Each person received a full list of the required drawing materials. It was run by Hugh McKid; born and raised in Barraba, a long time Guild member and now lives in Sydney.

Saturday was a very full program combining technical aspects of drawing such as; the vase/profile exercise (left Vs right brain), line drawing (upside down), pure contour (blind), contour line drawing of the hand, utilising the picture plane and view finder, and negative space drawing. After lunch, the group did two hours of rapid gesture drawing using butchers paper and easels — at 10 seconds to 5 minutes each. It certainly had everyone working hard (including our model Michael). Next was a session using black paper and chalk, drawing the very expressive face of model - Peter. Late afternoon saw the group drawing natural, man-made and "difficult" subjects using the full range of materials and techniques. By 5.30pm it was an exhausted group, but one who had made impressive progress.

Sunday was about solving the perspective, proportional and composition aspects of drawing, starting with the inside of the Claypan (doors, windows and walls), the sheds outside and finally on the street drawing the old Barraba library building.

Hugh is a firm believer that drawing underpins all creative endeavours and is applicable to all the activities conducted by the Barraba Pottery and Craft Guild. He has drawn all his life (on and off, as he admitted!), attended the Paddington Art School and has entered the Wynne (landscape) and Sulman competitions at the Art Gallery of NSW for the past decade (unsuccessfully he would also add). He is a member of Splinter Workshop in Kingsgrove, Sydney (a cabinetmaking cooperative) where he daydreams, draws,

paints, makes hand tools, sculpture and, occasionally, a piece of furniture.

Feedback after the workshop was very positive and with most participants agreeing that they were exhausted, challenged but keen to keep on drawing. The students varied from those who had prior experience right through to a few who had no experience at all. Hugh's instruction catered for this so that everyone gained maximum reward from the workshop.

Hugh's parting advice was that the budding artists should all continue to practice the art of drawing. Satisfaction and improvement would be gained by persisting. The idea of a regular drawing group has been suggested if any other budding artists in the community are interested. At this stage there is thought of joining with Annie Clough's "Painting for Fun" Group which meets next on **Saturday 25**th **June at The Claypan**. Follow Barraba Potters and Craft Guild Inc. on Facebook to learn of further planned drawing activities.







BARRABA RSL & RECREATIONAL CLUB LTD

Phone: 67821379

For the information of members and guests

WE ARE A COVID-19 SAFE CLUB

ALL NSW HEALTH REGULATIONS APPLY

THIS WEEK:

THURSDAY: 11AM-

MULTISCREEN DRAW-SUSPENDED UNTIL FURTHER NOTICE

FRIDAY: 11AM-

MEAT/VEG RAFFLES 6PM

EXTRA DRAW AFTER EACH RAFFLE FOR A BONUS PRIZE

MEMBERSHIP DRAW \$1,400

SATURDAY: 10AM-

SUNDAY: 10AM-5.30PM

ANGLERS CLUB RAFFLES 1PM

MEMBERSHIP DRAW \$1,100 MONDAY: CLOSED

TUESDAY: 11AM-5.30PM

BINGO 11AM

WEDNESDAY: 11AM-5.30PM

HAPPY HOUR: 11am-1pm Wed & Fri

BISTRO HOURS

Phone 0427330808

CLOSED MON/TUES/WED

THURS/FRI/SAT: LUNCH 12-2PM DINNER 6-8.00PM

SUNDAY: LUNCH 12-2PM

DINE AND DISCOVER VOUCHERS ACCEPTED



The Barraba Health Service and Richardson House invite our indigenous and extended community to

Come and celebrate NAIDOC Week 2022 with us.

Tuesday 28th June 2022 10:30 am in the Sensory Garden

Celebrations will include a Welcome to Country, Smoking

Ceremony and Story Telling followed by a morning tea.

Join the Elders to celebrate the rich history of the First Nations people of our district.







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Are you interested in helping shape the future of Council communications with you and your community?

We are seeking invested community members to take part in our workshops across the region during June.

Tamworth - Wednesday 15 June 6.30pm-8.00pm

Online - Thursday 16 June 6.30pm-8.00pm

Conline - Friday 17 June 8.30am-10.00am

Barraba - Thursday 23 June 5.30pm-7.00pm

Manilla - Wednesday 29 June 6.00pm-7.30pm

Learn more or register to attend at https://bit.ly/3lets-connect

Artists encouraged to apply now to be part of 5th Tamworth Textile Triennial

Tamworth Regional Gallery is seeking textile artists from across Australia to throw their hats in the ring for a chance to be involved in the 5th Tamworth Textile Triennial. The Tamworth Textile Triennial showcases the best of textile art from across the country, and has previously attracted unique and diverse artists to exhibit work to wide audiences and critical review.

Curated in 2023 by Wadawurrung artist, curator and educator, Dr Carol McGregor, artists are being ask to respond to this moment in time as Tamworth Regional Gallery looks to celebrate 50 years of its National Textile Collection.

"I am excited to invite the arts community to be part of this milestone exhibition," said Dr McGregor. "We hope to build an exhibition that can showcase diversity in the arts, and provide a forum to explore current issues and trends in Australian textile practice. I encourage artists with varied experience and from all walks of life to apply now to be involved."

Building on the tradition of the Tamworth Fibre Textile Collection which first began in 1973, the 5th Tamworth Textile Triennial will open in Tamworth in September, 2023 before going on National Tour. Expressions of interest opened in May, and will close on Tuesday 5 July. Interested artists and organisations can learn more and apply by visiting www.tamworthregionalgallery.com.au.

COUNTRY MUSIC'S BIGGEST STAR MAKER

Entries open today in the annual **Toyota Star Maker** competition to be held on Sunday, 15 January 2023 at the Tamworth Country Music Festival.

Emerging artists who are seeking a professional career in the Australian country music scene are encouraged to enter now.

Toyota Star Maker is the nation's most loved and respected country music competition and has been making an impact on the landscape for 42 years. It provides a launching pad for 10 finalists, with one being the ultimate winner.

Star Maker coordinator Cheryl Brown said; "We're looking for a winner ready for a great experience and who is willing to work with our team to begin a long and successful career in the music industry."

Toyota Australia Chief Marketing Officer Vin Naidoo said Toyota was proud to continue its support to Toyota Star Maker and provide upand-coming country music artists the career wonderful opportunities provided by the prize package. "After celebrating the Toyota Country Music Festival's 50th anniversary Tamworth, it is great to be able to continue to bring both country music fans and talented newcomers to the scene together, and support our rural heartland through Toyota Maker." he said.

Entrants are required to send in two tracks of their choice, provide their biography and career achievements to date, as well as provide any additional information that might help them over the line to become a finalist.

We welcome interested artists to make the 2023 Toyota Star Maker a part of their musical journey and enter today.

Entries will close Thursday, 1 September 2022.



SAVINGS WITH SERVICE NSW

Member for Tamworth Kevin Anderson is encouraging the local community to find ways to save on energy and utilities through Service NSW.

"The cost of everything is going up and I know that people in our region are feeling the pinch," Mr Anderson said. "Fortunately, the NSW Government does provide financial assistance and support to help drive down bills and subsidise costs and I would encourage any locals feeling the pinch to check their eligibility.

Families who have been recipients of the Family Tax benefit scheme can jump online now and apply for the Family Energy Rebate, which is open until June 30.

These families can also drive down their energy price by making use of the Australian Government's energy price comparison service: Energy Made Easy which compares all of the available deals, free of charge.

Commonwealth concessions card, health care card, and DVA Gold card holders from low-income households can also access a rebate of up to \$285 per year on their energy bills, which really matters when it comes to making ends meet. There are also gas rebates available and emergency assistance for anyone struggling to pay their bills.

Finally, if anyone is struggling to pay their bill, contact your energy company and negotiate a payment plan. By law, energy companies must offer you a plan to pay off your bills in a way you can afford."

Rebates available under Service NSW are accessed via the Service NSW

<u>Savings Finder</u> tool or by booking an appointment with a <u>Savings Specialist</u>.

ANDERSON RENEWS CAMPAIGN TO SAVE THE MANILLA VIADUCT

Mr Anderson said the viaduct was important to the Manilla community and he had been busy working with the community on a plan to preserve the viaduct for generations to come.

"The Manilla Viaduct is an iconic landmark in our region. The one-of-a-kind piece of historic rail infrastructure sits high above the Manilla showground and is a great feature for events like the Manilla Show and the Renewable Manilla Festival," Mr Anderson said.

"The viaduct is the only curved timber railway viaduct in the Southern Hemisphere and needs to be preserved for its historical significance and for the benefit of the Manilla community.

We want to see the entire viaduct preserved and transformed into a walkway that will engage the local community and provide a unique tourist experience, bringing people to town and boosting the local economy. I have written to Minister for Regional Transport and Road Sam Farraway, Minister for Environment and Heritage James Griffin and Tamworth Region Mayor Russell Webb to update them on the community's campaign to save the viaduct and request that all options be explored."





History Potes

Unfortunately, the Market Day scheduled for last weekend had to be cancelled due to illness, the cold and several members being unavailable to do their usual jobs at the markets. At this stage the July markets will be considered closer to the time and of course the signs will go up if they are on — it could still be very cold!!

The museum has had quite a good weekend with a number of visitors calling in to look around and buy a history book – thank you to those who were able to look after the museum and show people around.

Continuing with the late 1930's cuttings we continue with the Mt Kaputar road construction. The first 12 to 13 miles had been formed with pipe culverts in place and a wooden bridge over Hawkins Creek was being constructed in 1940.

The next four miles had been realigned and the culverts were going in. The piece of road from the 17 to 22 mile's mark was still being discussed and it was noted that the road passes into the Namoi Shire at 22.5 miles. The Barraba Shire Council were looking for some assistance from the government but with World War 2 beginning, there was not much interest in an outback road. Road building on the Barraba side of Mt Kaputar ground to a halt.

Many residents will remember the attempt to continue the road through the park in the 1960's and some may have travelled the rough track to the summit or down from the summit – it cost me a new muffler on the mini but we made it down safely! It seems that access has almost closed now.

The many cuttings in the scrapbook refer to sport in the Barraba area and in 1939 it seems there was quite a lot of it. Tennis and Golf tournaments were successfully held at the same time in 1939 – I doubt that we could do that with the present conditions or personnel.

The rifle club held a successful shoot at Easter, 1939, with many visitors travelling from around the state to try their skill against the talented Barraba shooters.

Cricket also had a successful season while the cycling and racing clubs were having difficulties. There was no football played in 1939.

Next week I will attempt to show the education facilities and pupils of Barraba in the 1940's to finish the cutting book – it can then go back to the museum.

St Laurence's Barraba

Sunday service at 10.00am Woodsreef: 2nd Sundays

11.30am
Bereen: 4th Sundays

11.30am

Uniting Church Notices

Sunday 19th June services return to 8.45am

CATHOLIC CHURCH NOTES

Barraba–1st & 5th Sunday, 5pm Saturday evening 2nd 3rd & 4th Sunday 9am Upper Horton 3rd Sunday 11am

Weekday Mass Wednesday 10am

Fr Curran: Thought for the week

Like many of us townspeople watching the Machinery Parade in Manilla on Saturday, looking at young and old friends and family members who are enjoying the freedom of life despite of course the growing cost of living, I was thinking how fortunate we are to live in a country without the threats that a country like Ukraine is suffering at the moment. God has given us a country that's well defined by the seas that surround us, as our national anthem reminds us, and we need to continually give thanks for that not only by looking after one another here but by supporting countries around us who feel threatened by unwanted political forces.

Do you believe in spirits? I don't mean alcoholic drinks or spooky apparitions, but in the spirit that lives in us and gives us hope, and joy, and peace and courage in life. We even talk about horses that are high-spirited, and praise athletes for having a great competitive spirit.

Last Sunday we honoured the Holy Spirit, on the feast of Pentecost which is 50 days after Easter. Christians believe that the Holy Spirit existed before time began and which sets a divine pattern according to which the universe's creation took place, and which brought about the very life of Jesus our saviour. We don't know what the Holy Spirit looks like, but we can see what the Holy Spirit does in people who have faith.

If you pray, don't forget to ask the Holy Spirit to fill you with peace, joy, selfcontrol, patience, faith and love of your neighbour; and even the ability to put up with people who annoy us!

May God bless you and keep you well.

Fr John Curran priest Manilla/Barraba

Published by Brian Coote. WHY WAS THIS GREAT BUILDING DEMOLISHED?



Can anyone who worked in either the Bank or NSW or Barraba Post Office prior to their demolition please give us any information of the existence of serious structural defects in these buildings? That is, brickwork fractures or wall shifting NOT small plaster cracks.

This photo is the Bank of NSW Barraba built 1905. It was apparently taken by Albert York Snr soon after it was built.

A beautiful building casually destroyed by banking bigwigs in a boardroom in Sydney. No footpaths at that time and a bit of non-horse manure rubbish around. I have seen various postcards Albert York produced from some of his photos but none that equal the clarity and detail of this print.

Our thanks to David York for this marvellous piece of history.

Drought resilience

Our region is experiencing more frequent and intense droughts. Community input is essential to build local and regional drought resilience.





Calling all businesses owners, farmers, community members, volunteers......

What helped you get through the last drought?
What would you have done differently?
What can we do in the future to make the Gwydir more resilient to drought?

We want to hear your experiences of the past drought, the challenges that were faced and any ideas you have that will help build resilience in our community to combat the effects of drought in the future. We want to hear from the whole community, not just farmers.

By participating in one of the 14 drought planning workshops below, you will assist in the development of a plan that will identify strategies to help future proof our community against rising temperatures and reoccurring drought conditions across the board, from farming practices and urban design to social planning.

Help build a brighter future for our community. Let's tackle drought together.

To register for a workshop or to leave suggestions if you are unable to attend visit https://www.gwydir.nsw.gov.au/.../Gwydir-and- <a href="https://www.gwydir.nsw.gov.au/.../Gwydir-and

Workshops will take place:

Friday 17 June

Bingara | 9.00am – 11.00am Upper Horton | 1.30pm – 3.30pm From The Conversation

Is my dog too cold? How cold is too cold for a walk? Here's how to tell

Melissa Starling, Postdoctoral researcher, University of Sydney

As winter sets in, you might be wondering: how do you know if your dog is warm enough? And how cold is too cold to take them for a walk? It's a tricky one; much depends on their natural coat. We go through this question on a daily basis in my household in winter because one of my dogs is small and hasn't got much coat – she is currently wearing a jumper and on my lap, under a blanket.

But the majority of breeds are probably OK in most Australian temperatures. In many ways, it's easier to keep a cold dog with a thin coat warm than to keep a hot, thick-coated dog cool when the mercury climbs.

That said, there are some good general rules to follow to ensure your canine friends don't suffer when an Antarctic blast hits.



Some guidelines to follow

My rule of thumb is to feel their extremities. If I can feel their ears or feet are a bit chilly to touch, that suggests their core temperature might be a bit low. Then I would provide a coat or put the heater on (if we're staying in).

Much depends on whether your dog has a double coat or not – many dogs do. You can see if your dog has an undercoat by parting their hair and seeing if there is a downy layer of pale hair between the glossy top coat and the skin.

Breeds that have a double coat include most kelpies, cattle dogs, German shepherds, and huskies. Some breeds, like Samoyeds, have really dense undercoats and can tolerate cold really well. A dog with a thick undercoat doesn't need anything more to stay warm on a cold day.

If your dog has a single coat, you might need to think a bit more carefully about the cold. Breeds in this category include maltese, cavaliers, greyhounds, whippets, and staffies.

In addition to coat, also consider the golden rule of surface area to volume ratio.

Smaller animals have more surface area for their weight than larger animals, which means they have more surface area to lose heat from compared to a dog that is bigger and heavier.

Small, lean dogs will generally struggle with the cold a bit more than other dogs for this reason. For example, Italian greyhounds are much more vulnerable than regular greyhounds.

If we feel cold then they probably do too. A thicker coat helps slow down heat loss, which is good if you live in a cold environment, but not so great if you live in a warm environment.



Wheaten terrier puppy Cookie has thick fur. Lucy Beaumont

What behaviours can we look for?

If your dog is shivering, hunched with tail tucked, trying to tuck their paws in close to their body or lift them off the cold ground, they're uncomfortably cold.

If the dog is being still, they are at more risk of getting cold. For example, we wrap our smallest dog in a blanket when she's in the car – but once she's running around, she seems to generate enough heat to stay comfortable.

At home, pay attention to where the dogs are sleeping. If they are curled up in a tight ball on the thickest bed they can find, or nuzzling under blankets, they are trying to keep themselves warm.

My small dog has learned to show me if she wants a jumper on by wagging her tail and sticking her head in it if I hold it out to her. So, we might be able to teach our dogs to answer the question "Do you want another layer on?"

If dogs are not sleeping well at night or getting up a lot in the wee hours, it's a good idea to check how cold they feel and try offering them some warmer sleeping options.

If you've got a dog in the yard, make sure they have access to shelter and a bed to get them off the cold ground, especially when there is a cold wind.



Greyhounds, which have short fur and little body fat, really feel the cold. Here is Walnut wearing her warm pyjamas. Anthea Batsakis

Letting your dog choose

In Australia, a cold day is generally easier to manage for dogs than a hot day.

So yes, you could have an Italian greyhound as a pet in southern Tasmania, as long as you add layers when needed and maybe accept they are going to sleep in bed with you under the covers.

I like to let dogs choose, as much as possible, what they need to manage their core temperature.

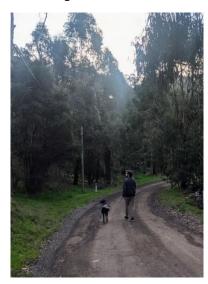
For example, you might provide a bed with a cover, or extra bedding and blankets on a cold day, so they can use what they need and move away from it when they have warmed up enough.

Once I put a jacket on my dog, she is unable to take it off herself, so I am

relying on being able to tell somehow that she doesn't want it on anymore.

Still, this is an improvement on her simply climbing into my jacket with me all the time, which she still does sometimes even when she's got her own extra layers on.

Sometimes you just want to cuddle up to a warm friend, though. It's hard to argue with that!



Walnut, a two-year-old greyhound, wearing a warm, waterproof coat on a walk near Kinglake, Victoria. Anthea Batsakis

We're live on the

web

Now you can get the local news updated more frequently by going to

www.barrabacommunityne ws.org.au

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Published by Community College Northern Inland

Cnr. Alice and Fitzroy St Barraba

Contacts: Bronwyn

0447165008

Office: 02 67821662

Email

news@barrabacommunitynews.org.au

Printed on site at the Community College. Free publication by email or collection from local Barraba main street businesses.

BARRABA COMMUNITY NEWS

COMMUNITY OWNED AND EDITED

Message from the Editor

At *Barraba Community News* we welcome local news and stories from our community members about activities, events and news of interest to the Barraba community.

Share your news, views and what you or your local organisation is doing.

Advertise in *News* at a competitive cost and reach 750 households in our area who receive a free copy each week.

Contact

<u>news@barrabacommunitynews.org.au</u> or drop into the Community College on the corner of Alice and Fitzroy Sts.



Barraba Central School Sport Report

Netball

Congratulations to Jasmine Coombes, Macey Cabot, Lara Thomson and Paige Phillips on being selected for the Tamworth Zone Netball team. What a massive achievement to have 4 of our wonderful BCS students selected! Well done girls. Mrs Lowe



Pictured L-R: Mrs Lowe, Paige Phillips, Jasmine Coombes, Macey Cabot and Lara Thomson

Congratulations to our Barraba Netball team on a fantastic day at the Tamworth Zone Knockout. We were successful in all our games today and now progress to the next stage of the competition against South Tamworth. Every player displayed great skill and sportsmanship and we couldn't be more proud of them. A massive thank you to Mrs Crowley for doing a wonderful job umpiring our games today. Your time and efforts are greatly appreciated! Mrs Lowe



Pictured back row L-R: Kade Spence, Lara Thomson, Hope Payne, Page Phillips and Rory Chapman. Front row: Ali Coombes, Holli Thomson, Macey Cabot, Jasmine Coombes and Leo Lawlor.

Macey Cabot, Paige Phillips, Lara Thomson and Jasmine Coombes did an amazing job at the PSSA North West Netball Trials today. We are so proud of you all! It is such a great achievement to make it this far. A special congratulations to Lara Thomson for being selected to play in the North West team at state level. Well done girls!



Pictured L-R: Lara Thomson, Jasmine Coombes, Macey
Cabot and Paige Phillips.

U14's Girls Rugby

Round 2 saw our 14's girls travel to a very muddy Gunnedah Rugby Club for games against Gunnedah and Narrabri. Our 8 representatives were joined by Tamworth resident Barraba girl Bella Hannaford who, with her rugby experience was a welcome addition to our team of rugby novices.

The girls showed considerable improvement from round 1 and this was commented on by the opposing coaches. Notwithstanding being considerably outnumbered and therefore lacking fresh reserves, the girls showed real courage and commitment and should be proud of their efforts. Results on the field were mixed with a win and a loss. The first game was highlighted by Charlotte Gillogly's try, out wide and the second by 2 tries to the barnstorming Gemma White. Mia Coombes, Tillie Halloran and Bella Dipple played well, doing tough stuff in the middle, with Amelia Walker and Andrea Riley contributing out wide. Unfortunately, Hope Dawson was forced from the field with a mild concussion in the first minute and the girls missed her speed on the night.

Thank you to all who assisted including our driver Matt Walker, Manager Mr Melville and student Phoebe Hunter for assisting with coaching. Thank you also to the families and students (including the boy's players) who made the effort to watch the girls play. Next round in 2 weeks will be at home when we will hopefully have enough players to field a team of 10.

3 points to Gemma, 2 to Bella (Hannaford), and 1 to Amelia and Bella Dipple.

See you at training......
Mr Maloney

Under 16s Boys Rugby Friday 6 May 2022

The U16s Boys travelled to Tamworth on Friday 6 May 2022 for their first away fixture against the Pirates. The boys toiled in defence and tackled hard all game but were up against a better-practised side with some more experienced players.

The front row consisting of Jack Myers, Mazry Aurisch and Brock Phillips tackled well and were effective at the rucks. Helping them out from the second row was Jack Coombes who ran some good lines alongside Will Russell. Jack Thomson led the way in the back row, nearly jackaling the ball at ruck time. Michael Walker and Finn Allan tackled players a lot bigger them with great courage. Logan Northey and Sullivan Taber from Manilla were great additions to the squad and it is good to see them back in Rams colours for a second consecutive season. Cooper and Dalton Chapman had some great runs and good passing games when the ball spread wider, opening up their outside backs and putting players into space. Brandon Newell and Dusty Hiscock both had outstanding games creating space wide and consistently getting over the advantage line in attack. Tom Kelly had some good moments in defence and played well for his first game back in a while.

The scoreboard did not reflect the boy's efforts and their hearty tackling all night long against a physical Pirates' side. Barraba came close to scoring several times and had some fantastic moments in attack as well. Even a chip and chase from Dalton Chapman which Dusty Hiscock managed to chase down and regather to make some significant gains in territory.

Overall a great night of Rugby for all of the boys' first game of the season. The boys showed a lot of grit and determination in defence and showed some promise for the rest of the season.

3 points to Brock Phillips for his great tackling, 2 points to Dusty Hiscock for some try-saving tackles and 2 points to Michael Walker for carrying the ball hard, and 1 point goes to Brandon Newell for some good moments throughout the night.

Thank you to Nick Sweeney, Ben Freeman, Ashlee Crouch and Harry Preston for their work throughout the training sessions to help get the boys ready. Thank you, Mr

Melville and Mr Maloney for their help. Thank you to Fermin Allan for driving the bus that night. It is fantastic to see so many people offer to help out with the Rugby program and share the pride with the boys.

See you at training......Go Rams Mr Davis Rugby Coach

U16's Boys Rugby Friday 13 May 2022

Friday 13 May 2022 saw the first home fixture against TAS B's for the boys, as well as the first win. The team ran out onto a muddy pitch with confidence and pride in their jerseys.

With Brock Phillips out this week, Tom Kelly and Mazry Aurisch did a great job subbing into the forward pack. Another effective game for Will Russell in the second row, alongside Jack Coombes who had an outstanding defensive performance and many powerful runs. Jack Thomson made some great tackles and became a 'pest' at the ruck as all good back rowers should. Finn Allan and Michael Walker both put in solid performances also.

Logan Northey and Dalton Chapman directed the team around the pitch well and set up some good opportunities for outside backs Cooper Chapman and Brandon Newell to find some space and get over the gain line. Sully Taber and Dusty Hiscock were solid as always on the wings, running hard lines and making good tackles. Juarn Stanton-Sing from Manilla made his first appearance in Rams colours and made a big impact from fullback.

The boys fought hard in difficult conditions to come away with a deserved win. 3 points go to Jack Coombes and Jack Thomson, 2 points to Jack Myers and 1 point to Brandon Newell.

Thanks to TAS for travelling to our home grounds. Thanks also go to Nick Sweeney and Ben Freeman, Mr Maloney and Mr Melville and any other club associates who have helped out with coaching and management. Thank you also to the Middlemiss family and Simon Koopman for their organisation and Ben Crowley for refereeing on the night. Thank you to Greg Frost for organising the bus. It was fantastic to see so many supporters and community members down at the club to support our boys.

Well done boys, let's build from here. Go Rams. See you at training...... Mr Davis Rugby Coach



Paul Grigg played his customary straight down the middle golf to win the Betty Artis Memorial trophy on Sunday. His 42 stableford points was 5 points clear of runner up Peter Simpson on 37 points. Ball winners were visitor Dave Hulm 36, Mike Artis 36, Dave Kelly 34, Will Sedgwick 33, Lyn Groth 33, Helen Kelly 33 and Dave McMurtrie 33.

NTPs went to Bill Simpson on the 3rd and Lyn Groth with a good shot into the 12th.

In match play results Firmen Allan just got over Daniel Anderson 1 up at the 18th whilst Ian Cabot defeated Mandy Koopman 5 and 3.

Great to see Dave Hulm return for the weekend.

Next week there is a 3 BBB for the SAND trophy on the program and an Individual stableford for Phil Hiscocks trophy.



Rugby Union

Well, the Country Week Carnival has been held over the long weekend with Central North picking a men's and women's side.

It was good to see 4 girls from the Barraba/Gwydir club selected in the team. They were Nat Philpott, Amie Middlemiss, Emily Kelso and Peta Lawrence. These girls will bring back some new ideas and skills for their experience. Even though they may not have big

numbers to choose from each week, there are players running around with the ability to be selected for the higher honours. Well done girls, you have done the club proud.

For any girls who wish to join the Club you would be most welcome to join in. There would have been other girls in the team who were good enough. Results next week.

Club points for the zone compare as follows;

Cunnadah

First Grade

1	Gunnedah	37
2	Narrabri	37
3	Inverell	31
4	Pirates	29
5	Moree	23
6	Quirindi	20
7	Walcha	16
8	Scone	10
Second Grade		
1	Moree	34
2	Gunnedah	30
3	Pirates	28
4	Narrabri	28
5	Barraba/Gwydir	24
6	Inverell	23
7	Quirindi	21
8	Scone	10
Women's		
1	Pirates	35
2	Narrabri	35
3	Gunnedah	31
4	Scone	20
5	Quirindi	20
6	Barraba/Gwydir	13

There should be a game on Saturday even though Walcha do not have a side. Club officials are working on securing a team.

Barraba 7 day Forecast from the Bureau of Meteorology

Wednesday 15 June Summary Max 18 Sunny

Chance of any rain: 5%



Chance of rain: 5%

Friday 17 June
Summary Min 2 Max 16
Partly cloudy

Chance of any rain: 5%

Saturday 18 June
Summary Min 1 Max 18
Sunny

Chance of any rain: 5%

Sunday 19 June
Summary Min 2 Max 18
Mostly sunny

Chance of rain: 5%

Monday 20 June Summary Min 3 Max 18 Partly cloudy

Chance of any rain: 5%

Tuesday 21 June
Summary Min 2 Max 18
Partly cloudy

Chance of any rain: 20%

Regional Dam Levels from Water NSW

Chaffey 100.2% Copeton 99.4% Keepit 99.4% Split Rock 73.2%

Recent Anniversaries

- the first bikini bathing suit displayed in Paris (1946)
- the London Bridge terror attack (2017)
- the creation of a stinky cheese in a cave near Roquefort, France (1040)
- the US, Soviet Union, Britain and France agreeing to divide up occupied Germany (1945)
- China's Tiananmen Square Massacre (1989)
- the assassination of Robert F Kennedy (1968)
- the official beginning of the AIDS epidemic, when the US Centre for Disease Control reported on pneumonia affecting five homosexual men in LA (1981)
- Alexander Graham Bell making first sound transmission (1875)
- Queen Elizabeth II's coronation in Westminster Abbey (1953)
- the birthday of explorer William Lawson (1774)
- the patenting of the electric iron by New Yorker Henry Seely (1882)
- the beginning of D-Day as the Allies land in Normandy, France (1944)
- the first victim of the Salem witch trials being hanged for witchcraft in Massachusetts (1692)
- the Myall Creek Massacre, which saw 28 Indigenous Australians murdered (1838)
- the launch of the Spirit Rover, beginning NASA's Mars Exploration Rover mission (2003)
- the marriage of King Henry VIII to his first wife Catherine of Aragon (1509)
- Captain James Cook happening upon the Great Barrier Reef (1770)
- Margaret Thatcher becoming the first UK PM in 160 years to win a 3rd consecutive term (1987)
- New Amsterdam legally becoming an English colony and renamed New York (1665)
- Anne Frank's birthday (1929) she received her famous diary as a birthday present in 1942
- Nelson Mandela was sentenced to life in prison in South Africa (1964)
- a coroner's report ruling that a dingo was responsible for the death of baby Azaria Chamberlain in 1980 (2012)
- Captain William Bligh and his men reaching Timor after sailing 5,800 km in a 6-metre boat following the mutiny on the HMS Bounty (1789)
- the recording of the first country music hit *Little Old Log Cabin in the Lane* (1923)
- the Grenfell Tower fire tragedy in London that killed 80 people and injured 74 (2017)

Vegemite Roast Lamb

From The Free Range Butcher

You can't get more Aussie than this recipe, which uses Vegemite as a marinade!

Ingredients:

- Pasture Fed Leg of lamb
- 2 3 sprigs of rosemary
- 2 cloves of garlic, sliced
- 3 tablespoons of Vegemite
- Olive oil

Method:

- Preheat oven to 160°C.
- Using a sharp knife, make 10 or so incisions in the leg of lamb
- Place a slice of garlic and a sprig of rosemary in each incision
- Rub the lamb with olive oil
- Spread the Vegemite on the lamb until the entire leg is covered
- Place lamb in oven and cook according to weight (1 hour per kilo).

Note: The leg of lamb can also be cooked in the BBQ with the lid down. If cooking on the BBQ, use an aluminium foil tray turned upside down, or a trivet to place the lamb on (this will prevent the underside from burning).



Why is the time of day with the slowest traffic called rush hour?