

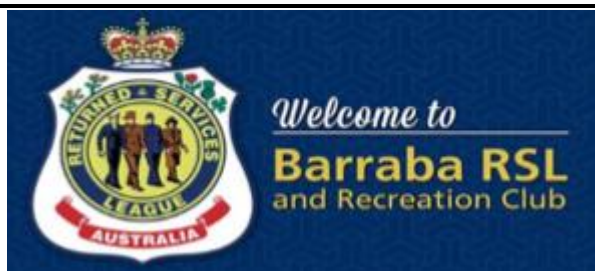


BARRABA COMMUNITY NEWS

COMMUNITY OWNED AND EDITED

FREE LOCAL NEWSPAPER

Wednesday 15th September 2021



BARRABA RSL & RECREATIONAL CLUB LTD

Phone: 67821379

For the information of members and guests

AS WE ARE RESTRICTED TO 4 SQUARE METER RULES AT THIS STAGE

WE WILL NOT BE HOLDING RAFFLES OR MEMBERSHIP DRAWS

WE ARE A COVID-19 SAFE CLUB

ALL NSW HEALTH REGULATIONS APPLY

THIS WEEK:

THURSDAY: 11AM-

FRIDAY: 11AM-

SATURDAY: 10am-

SUNDAY: 10AM-5.30PM

MONDAY: CLOSED

TUESDAY: 11AM-5.30PM

WEDNESDAY: 11AM-5.30PM

HAPPY HOUR : 11am-1pm Wed & Fri

BISTRO HOURS

Phone: 0427330808

CLOSED MON/TUES

WEDNESDAY: LUNCH ONLY 12-2PM

THURSDAY/FRIDAY/SAT: LUNCH 12-2PM

DINNER 6-8.30PM

SUNDAY: LUNCH 12-2PM

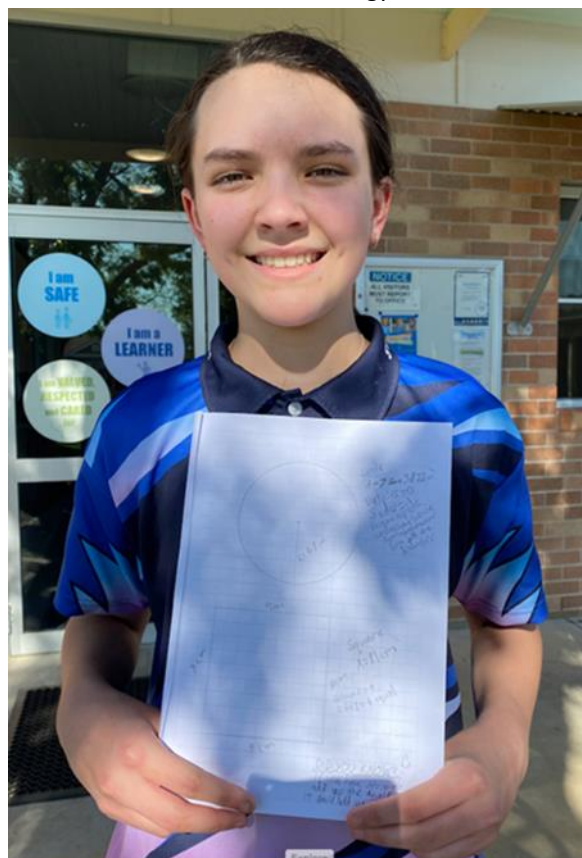
DINE AND DISCOVER VOUCHERS ACCEPTED



Joey's News

It's wonderful that staff and children have returned to learning together at the school campus this week. We started the week with an extra-long morning play time so students could catch up and enjoy each other's company. A month of home learning has been challenging in lots of ways, but everyone has done his or her best to keep learning and stay connected as a community.

Over the last fortnight K/1 students have continued to learn about Aboriginal culture, sound energy and how to stay healthy. There have been lots of creative, wonderful responses to the home tasks to create a healthy snack and make their own musical/sound energy instrument.



Ashlee McDouall with some of her 2D shape work

Semi-retired truck driver seeking part time driving work in the Barraba/Bingara/Manilla area, no job too small. Contact Graham Jones 0423286606

2/3/4 students have been busy becoming experts on celebrations and commemorations from around the world. Home learning didn't stop students from sharing their wonderful knowledge with the rest of the class with incredible posters being dropped off at school, as well as fantastic videos and slideshows being shared. The class has continued to work on their persuasive writing skills with heated debates occurring to decide if soccer is the best sport to play or not.



Archie Johnston's moon phase poster, using Oreo biscuits

The 5/6 students have continued to write and edit their 'Dragon Narratives', with some of the students also creating book covers for their stories. Last week the class had a paper plane competition. The class has also been developing their knowledge of 2D and 3D shapes.



New artwork created by students on the concrete water tank in the playground

Planning for 2022 is underway. Transition days will happen in Term 4 on Wednesdays for children starting Kindergarten in 2022. Transition is fee free, as is Kindergarten at St Joseph's. If you are considering St Joseph's for a primary school child next year, please get in touch so we can give you any information you might need.



Enrolling for 2022



St Joseph's Primary School, Barraba

A caring learning environment for everyone,
Catholic & non-Catholic.

Transition days for 2022 starters will be
Wednesdays, 9am-3.30pm, 27 Oct -15 Dec
(6 weeks) .

Call 6782 1685 for an enrolment pack.



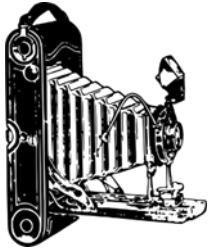
CLEARING SALE

GOING AHEAD! 10AM START
SATURDAY 18TH SEP 2021
'PARKWOOD', MANILLA -
ACCESS VIA TAMWORTH RD
REGISTERED BIDDERS ONLY.
FOR FULL ITEMS LIST & PHOTOS SEE
HARTRURAL.COM.AU. PRINTABLE
LIST AVAILABLE IN STORE.

**COVID RULES APPLY! CHECK IN VIA QR
CODE. TRC LGA ATTENDEES ONLY**

NO CATERING AVAIL. ON THE DAY
CONTACT JACOB 0428 624 493
OR CHRIS 0499 851 911

Barraba: 6782 1006 Manilla: 6785 1911



Shutter Bug News

Members of our club occasionally enter various photography competitions and shows. Several members have achieved remarkable results over the past few years.

Our latest "proud moment" is for member Paula McIver claiming two "Commended" prizes in the prestigious Mono Awards. Her black and white photographs; "Hessie" in the PEOPLE section and "Stairway to Heaven" in the PLACES section are incredible images and very worthy of the recognition they have received.



Checkout the Barraba Shutter Bugs facebook page for details about what our local photographers are doing.

"The Mono Awards is Australia and New Zealand's largest competition dedicated to the art of monochrome photography. The 2021 Awards were judged by leading photographers Alex Cearns, Douwe Dijkstra, William Long, Anthony McKee, Matt Palmer, Chris Reid, Jackie Ranken & Helen Whittle."

STAY-AT-HOME ORDERS LIFT FOR BARRABA!

Tamworth, Gwydir, Armidale and others out of lockdown, but not Narrabri!

Parts of regional NSW currently deemed low risk and which have seen zero COVID cases for at least 14 days emerged from lockdown at **12:01am Saturday 11 September**, but will continue to operate under restrictions to ensure the safety of regional communities.

Local Government Areas (LGAs) still seeing COVID case numbers will continue to follow stay-at-home orders and will be monitored by NSW Health with updates provided as circumstances develop.

Deputy Premier and Minister for Regional NSW John Barilaro said regional communities are doing an incredible job following health advice and getting vaccinated which has made the easing of lockdown in some areas possible.

"Today, I can announce that while unfortunately many regional LGAs will remain in lockdown due to COVID case numbers, for other parts of the state, stay-at-home orders will be lifted allowing more freedoms for those communities," Mr Barilaro said. "This decision is based on NSW Health advice, and the LGAs which remain in lockdown will continue to be monitored and we will update those communities on a regular basis. My strong advice to everyone in regional NSW is to get vaccinated as soon as you can. Our communities need to continue to get vaccinated so that when NSW reaches 70 and 80 per cent, restrictions can ease significantly."

The following freedoms will be available to all people in regional LGAs where stay-at-home orders have lifted:

Gatherings in the home and public spaces:

- Up to five visitors will be allowed in a home (not including children 12 and under).
- Up to 20 people can gather in outdoor settings.

Venues including hospitality, retail stores and gyms:

- Hospitality venues can reopen subject to one person per 4sqm inside and one person per 2sqm outside, with standing while drinking permitted outside.
- Retail stores can reopen under the one person per 4sqm rule.
- Personal services such as hairdressers and nail salons can open with one person per 4sqm, capped at five clients per premises.
- Gyms and indoor recreation facilities can open under the one person per 4sqm rule and can offer classes for up to 20 people.
- Sporting facilities including swimming pools can Reopen.

Schools

- Schools will re-open with Level 3 COVIDSafe measures in place.

Stadiums, theatres and major outdoor recreation facilities:

- Major recreation outdoor facilities including stadiums, racecourses, theme parks and zoos can reopen with one person per 4sqm, capped at 5,000 people.
- Up to 500 people can attend ticketed and seated outdoor events.
- Indoor entertainment and information facilities including cinemas, theatres, music halls, museums and galleries can reopen with one person per 4sqm or 75 per cent fixed seated capacity.

Weddings, funerals and places of worship:

- Up to 50 guests can attend weddings, with dancing permitted and eating and drinking only while seated.
- Up to 50 guests can attend funerals, with eating and drinking while seated.
- Churches and places of worship to open subject to one person per 4sqm rule, with no singing.

Travel:

- Caravan parks and camping grounds can open.
- Carpooling will be permitted.
- Travelling allowed, but NOT into Greater Sydney or other regional areas in lockdown.

Masks:

- Masks will remain mandatory for all indoor public venues, including public transport, front-of-house hospitality, retail and business premises, on planes and at airports.
- Only hospitality staff will be required to wear a mask when outdoors.
- Children aged under 12 will not need to wear a mask indoors.





History Notes

Sitting down to write some history notes this morning with a blank mind and then remembered the 1960 Chronicles that I haven't had time to look into for the rebuilding of the Barraba Bowling Club.

The Barraba Shire Council appeared to be very much out of favour with residents in September, 1960. The Council elections were coming up and the Council had been offered a 10,000 pound Government Grant towards building a swimming pool in Barraba. The Council voted 5 votes to 4 to defer the acceptance of the grant for three years.

The Baths Committee had already raised 2,500 pounds towards building the baths and the 10,000 pound grant would have been a tremendous help. The Chronicle reported a heated exchange between councillors and members of the public outside the Council chambers after the meeting – in those days the Council chambers were in the main street!

The newspaper continues with the arguments between councillors and residents through most of the eight pages including the upgrade of the showground in favour of the swimming pool.

The headlines continued into the next edition – "Council's decision a shocking setback for Barraba". Several sections of print have been circled by the reader including 'they have ditched us, and ditched up properly' and 'I think it stinks to high hell' and 'no support is likely now as Council's decision has definitely "killed" the appeal'. Jet, writing in Town Talk described a town without baths would be like a town without beer.

The Baths Committee met a few days after the Council decision and decided to continue with the building of the baths with some assistance from the Ex-Servicemen's Club. This move appears to have calmed the town down and there were different headlines on the next edition of the Barraba Chronicle.

As older residents would know it took several years to raise enough money to begin the building of the baths and then the 1964 flood intervened, filling the hole dug for the pool with sticks. However, the pool was eventually completed and the local children spent a lot of time there in the hot weather.

The slide and the therapy pool have been added in later years and Barraba is very fortunate that its citizens "stuck to their guns" and got the pool built.

The logo for the Royal Flying Doctor Service, South Eastern Section. It features a stylized white bird with a cross on its chest, set against a dark blue background.

Royal Flying Doctor Service
SOUTH EASTERN SECTION

Pop-Up vaccination clinic

Bingara
Sunday 26 September, 2021
Bingara Showground, Bowen Street
10.30am-3.30pm

This is a Pfizer vaccination clinic only and is for everyone aged 12 years and above.
Either first or second dose.
The RFDSE will return for the 2nd dose in 3 weeks.

Ensure you have your medicare card on the day.
Remember to socially distance, wear a mask and follow all NSW Government's rules and regulations at all times.

Bring a hat and water. No bookings necessary.

From the "Northern Daily Leader" archives

The NSW State Records Office says: "Between January and September 1919 pneumonic influenza, known as Spanish Flu, killed 6,387 people in NSW, infecting as many 290,000 in Metropolitan Sydney alone. The pandemic threw the people and government of the state into a community effort rivalled only by that of the recent world war." In November 1918 the Walcha Municipal Council was warned by the government "that special measures would have to be taken to control the disease in the event of it gaining a foothold here" and asked for particulars of facilities that could be used as accommodation and vaccination depots.

The virus came to Australia primarily with the return from Europe of the many thousands of armed services personnel after the Armistice of November 11, 1918. They were disembarked at all of the major ports in the nation at much the same time. Attempts to contain the spread of the virus began with closure of "all libraries, schools, churches, theatres and public halls." Public gatherings and outdoor events such as horse races were banned. Severe restrictions were placed on interstate travel with quarantine camps for rail travellers set up at Wallangarra in the north and at Hawkesview near Albury in the south.



The camp at Hawkesview closed in April 1919 while the Wallangarra camp closed in May 1919. Neither proved effective since there were too many other border crossing options available to travellers. Restrictions on intrastate travel to and from Sydney by rail, car or coastal steamer were introduced. Larger railway stations were fitted out with "inhalation rooms" where intending passengers who had been inoculated and were otherwise permitted to travel, spent a few minutes breathing a mist containing a number of ingredients, including eucalyptus, that was believed to offer some protection against infection.

The Walcha Municipal Council opened an inoculation depot in February 1919 following the supply of vaccine by the Department of Health and also gathered particulars of local buildings that could be used as temporary hospitals in an emergency. The number of people infected in Walcha is not known nor is the number who died as a result. Reports in the Armidale Express indicate that several Walcha people died here in July 1919 as a result of the virus.

This story [1919 Spanish flu pandemic hits NSW](#) first appeared on [Walcha News](#).



Queen Street Café
 82a Queen St. Barraba
 Ph 0267822106

Dine in or takeaway.
Open 7 days

EXTRACTS FROM THE GARDENING CALENDAR (Yates Garden Guide, 1895)

JANUARY
If the weather be favourable for transplanting, or if there are sufficient facilities for shading and waterings, a few Cabbage, Broccoli, Cauliflowers, Celery, and Lettuce may be put out...

FEBRUARY
Water growing crops, if with liquid manure so much the better, and keep the hoe going amongst the autumn weeds, which start at this season.

MARCH
Cinerarias, Primulas, Pansies, & co., which were sown last month, may now be potted off; and care should be taken to keep all these small seedlings free from vermin.

APRIL
As the various plots of land become vacant dig them deeply and roughly, and let the ground lay exposed to the weather.

MAY
Lawns and beds may be laid out during this month and any alterations desirable.

JUNE
All the ordinary garden shrubs may now be put out, and any contemplated alterations and transplanting should now be gone on with.

JULY
This is one of the busiest months, plant out Rhubarb, Horse Radish, Jerusalem Artichokes, and, excepting in very cold climates, make good sowings of Peas, Broad Beans, Cabbage, Cauliflower, Lettuce, Onion, Parsley, Radish, and Turnip.

AUGUST
Rhubarb beds should have a good dressing of stable manure.

SEPTEMBER
Stick all growing crops of Peas and Runner Beans and, should dry weather set in, water occasionally with liquid manure.

OCTOBER
In dry districts the beds should be "mulched" with short horse manure or dead leaves.

NOVEMBER
When fully ripe they (spring bulbs) may be dug up and stored, though we would rather leave them undisturbed unless too thick in the clump, in which case they require re-arranging.

DECEMBER
Excepting to keep the surface of the soil loose, and the usual routine work of watering, weeding, & co. going, little can be done now in the garden.

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We're live on the web Now you can get the local news updated more frequently by going to
www.barrabacommunitynews.org.au

Catholic Church News

All Christian churches welcome back their people (that means you!) At the announcement of what we hope is a permanent end of lockdown. Worship in front of a computer screen is not the same in any way as being with the community. Coming back to church, at this stage we cannot sing, we wear masks, we keep four square meter distancing, and of course signing in with the QR code. Welcome back!

"Those who tell stories are those who rule the world", this is a saying belonging to the Navajo nation. Every community since the beginning of time has their stories to tell, as well as some that are perhaps best not to be told again!

In a materially developed country such as Australia it's very tempting to quietly turn away when we hear stories of pain and suffering in other less materially developed parts of the world. Yet so often when stories are shared, if we're serious about world justice and material equality they need to be told, remembered and where possible responded to.

Not to be open to stories is like being a person who loves music but confines them self to listening to the same old tune. As it is in life it's when new melodies and stories are created that they sustain a constant sense of human vitality.

Jesus of Nazareth was to say the least, a master storyteller where he made it clear to his people where God's will needs to be best practically understood. We only need to think of the parables of the *Prodigal Son* that practically reveals forgiveness, the forgiveness of God himself and of the *Good Samaritan* that makes the concept of being a neighbour to our fellow human being come alive. He makes the point that storytellers; *"are like householders who bring out*

of their store room things both new and old." (Matthew Chapter 13, verse 5)

Fr John Curran (Manilla & Barraba parishes)

CATHOLIC CHURCH NOTES

Barraba – 1st & 5th Sunday 5pm

2nd 3rd & 4th Sunday 9am.

Upper Horton – 3rd Sunday – 11am.

Weekday Mass – Wednesday - 10am.

Barraba Anglican Parish

Sunday Service Times

10am St Laurence's Barraba

Uniting Church Notices

Sunday 19th September

Preparation time 8.30am

Service time 8.45am

All welcome



COLLEGE CHAT

Hi, I am Tanya and I am the Community College Coordinator for Barraba.



What a challenging time we have had with the whole of NSW in lockdown. Community College has had to adapt to this challenge with some of our

classes being delivered by remote learning.

With lockdown restrictions being lifted on Saturday we are happy to be able to return to face to face learning by following a strict Covid 19 safety plan. Wearing masks is still mandatory indoors for all staff, students and visitors.

Get Digital and Digital Skills Training classes will be back this Thursday in the classroom under the guidance of trainer Tina Simpson.

For anyone that needs a Food Handling/Food Safety Supervisor certificate these courses will be running on Tuesday 26th October.

Construction and Safety. We have a Work Safely at Heights course on Monday 29th November so any businesses out there that need their staff to obtain this qualification this will be an excellent opportunity for them to do this in Barraba.

I am very pleased to announce that The College will be running another Resin class on Sunday 31st October. Skye Petho from Arthouse Industries delivered this course for us in Term 2 and this class proved to be very successful so she will be showcasing her talents again with 3 classes: Resin Cheeseboard, Resin Earrings and Resin Coasters.

I know we are all very excited to be out of lockdown but we must still practice our social distancing, wash our hands and wear a mask and let us hope we do not go into lockdown again. Enjoy the sunshine now that spring is upon us and be kind to each other.

Thought for the day: Find a caring, calming phrase to use when you feel low.

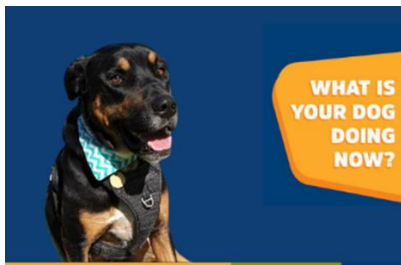
Any queries give me a call on **1800 952 264**

Or go to our website

communitycollegenw.edu.au
RTO90027



How to start a barking mad conversation



Dogs that bark excessively are one of the most common complaints received by local governments, and to help educate the public, Tamworth Regional Pound will be launching an education and awareness campaign. The 'what is your dog doing now?' campaign will run on social media over the next few weeks, with Rangers to be handing out an information pack to impacted residents.

Tamworth Regional Council Manager Compliance Ross Briggs said that there are many reasons why a dog would be barking excessively.



"In the first instance, we recommend starting a conversation with your neighbours, and suggest ways to manage these habits. A courtesy letter can be found on Council's website for those wishing to have these conversations anonymously. The next step is to wait a few weeks to give the owner time to make some of these changes. The last step should be to lodge a complaint with Council," said Mr Briggs.

According to the Companion Animals Act, excessive barking can be defined as "if the dog makes a noise, by

barking or otherwise, that persistently occurs or continues to unreasonably interfere with the peace, comfort and convenience of any person in any other premises".

"We want to give residents the tools to handle these situations before the Council rangers are involved, as this is a better outcome for all involved if these issues can be resolved before Rangers get involved or the matter goes to court. Most of the time dog owners would want to do the right thing and cooperate to fix the problem. When this happens, it is important to give the owners time to change these behaviours with training, toys or exercise," said Mr Briggs.

Tips to reduce dog barking

- Take your dog for walks.
- Make sure it has received veterinary attention.
- Leave toys for your dog to play with.
- Make sure your dog has plenty of food, water and shelter.
- Dog training.
- Confine your dog to the backyard.
- Restrict your dog's vision through the front fence.

Council operations and openings

After the announcement by the NSW Government of lockdown restrictions ending in the Tamworth region at 12:01am on Saturday, 11 September, Council is pleased to provide the following update on the opening of Council venues and operations:

- **Tamworth Regional Council Headquarters, Ray Walsh House**
- **Barraba Branch Office** – Will reopen on Monday 13 September with normal business hours.
- **Manilla Branch Office** – Will reopen on Monday 13 September with normal business hours.

- **Tamworth Regional Airport** – The Airport remains open.

- **Entertainment Venues** – Face-to-face enquiries and ticket purchases at Capitol Theatre Box Office will resume from Monday, 13 September. Shows programmed at the Capitol Theatre, TRECC and Tamworth Town Hall for October 2021 and beyond are on sale and will proceed as scheduled. The wearing of facemasks at these venues remains mandatory and masks will be available at the venue. Children 12 years and under are exempt from wearing a facemask but are encouraged to wear masks where practicable.

Waste management facilities - Tamworth Regional Council Waste Management Facilities will operate for their usual business hours.

- **All Regional Libraries** – All Libraries in the Tamworth region will open and return to normal operating hours from Saturday, 11 September. Click and Collect will continue to operate, and the Home Library Service for housebound clients will continue. The Library2U program will be suspended.

- **Tamworth Powerstation Museum** – The Museum will remain closed at this stage.

- **Tamworth Regional Pound**
- **Tamworth Sports Dome**
- **Australian Equine and Livestock Events Centre (AELEC)**
- **Pools** - Council will prepare in line with the normal October seasonal opening of the region's pools.
- **Venues managed by Section 355 Committees**

All venues and facilities will be opening in line with applicable Public Health Orders.

Planning to plant an Australian native like wattle? Read this first — you might be spreading a weed

Singarayer Florentine, Professor (Restoration Ecologist),
Federation University Australia



Australian native plants are having a moment in the sun, with more of us seeking out and planting native species than in the past. Our gardens — and our social media feeds — are brimming with beautiful Australian native blooms.

But not all Australian native species belong in all Australian environments. In fact, many have become pests in places far from their original homes.

They can crowd out other native endemic species, affect the local balance of insects and other animals, wreck soils and even increase fire risk.

Here are three Australian native plants that have become invasive species after ending up in places they don't belong.

Sydney golden wattle (*Acacia longifolia* subspecies *longifolia*)

Originally extending from East Gippsland in Victoria up about as far as Brisbane in Queensland, this species is undoubtedly photogenic. It's also an invasive weed in parts of Victoria, South Australia and Western Australia.

It was spread across the nation by well-meaning gardeners who saw it as a charming ornamental plant. However, its seeds made their way into the wild and took off — it's what's known in my field as "a garden escapee".

Like many weeds, this species can capitalise on a natural disaster; after fire it can send out shoots from its base. Acacias are often one of the first species to sprout following a bushfire. They're now completely dominant and spreading in many areas.



Sydney golden wattle is an invasive weed in other parts of Victoria, South Australia and Western Australia. Gill Armstrong, Author provided

Seeds of Sydney golden wattle can last in the soil for many decades, long after the parent plants have died. The heat from a fire cracks the hard seed coat, allowing water to enter and germination to take off.

In the Grampians, in Victoria, Sydney golden wattle is causing terrible soil problems. Many native plants endemic to this area don't like high levels of soil nitrogen, but *Acacia longifolia* subsp. *longifolia* is a nitrogen-fixing plant.



Acacia longifolia subsp. longifolia has quite long, thin seed pods. Gill Armstrong, Author provided

In other words, it increases the nitrogen in the soil and changes the soil nutrient status and even physical aspects of the soil. It can grow tall and produce a lot of foliage, which reduces the amount of light coming to the ground. That makes it harder for native species lower to the ground to survive.

This is a major challenge, especially in biodiversity-rich places like the Grampians.

Coast wattle (*Acacia longifolia* subspecies *sophorae*)

The blooms on *Acacia longifolia* subspecies *sophorae* (Coast wattle) look more or less the same as many other wattles, but the leaves are a bit shorter and stubbier.

Originally, Coast wattle occurred along the east coast from western Victoria — up about as far as Brisbane and down south as far as Tasmania (where Sydney golden wattle did not occur naturally).



It's time for the Fuller Gallery to be prepared for the annual Spring Exhibition. If you have items in the gallery from Warm and Woolly can you please collect them as soon as possible so the Gallery is free for new items.



Acacia longifolia subsp. sophorae, also known as 'Coastal Wattle', has shorter, stubby leaves. Tatters ✨/Flickr, CC BY

It was originally restricted to sandy sites at the top of beaches but has been deliberately planted as a "sand-binder" in other sites. It's also naturally spread into heathlands inland of the beaches and is now causing huge problems around our coasts.

Like the earlier example, it dominates local ecosystems and displaces native species endemic to the area (particularly in our species-rich heathlands), which affects local insect habitats. It is also now modifying natural sand dune patterns. It is increasing fire risk by changing heathland plant profiles from mostly short shrubs of limited bulk to tall, dense shrublands with much higher fuel levels.

Coast teatree (*Leptospermum laevigatum*)

As with Coast wattle, Coast teatree was formerly restricted to a narrow strip on sandy soils just above the beaches of south-eastern Australia. But it has now spread into nearby heathlands and woodlands. It's even reached as far as Western Australia.



Coast teatree, *Leptospermum laevigatum*, is now an invasive species in some areas. Flickr/Margaret Donald, CC BY

This teatree plant is now considered an invasive species in parts of Victoria and South Australia.

Although the mature plants are usually killed by fire, the seeds are abundant and very good at surviving; they pop out of their capsules after fires.



Coast teatree produces a lot of seeds. Dr David Chael, Author provided

They are high-density plants that burn quickly in a fire. They are very quick to take over and push out endemic species. For example, parts of the Wilson's Prom National Park in Victoria, which was originally a Banksia woodland, have now been converted almost to a teatree monoculture. It is very sad.

A call to action

Authorities are trying their best to keep these and other native invasive species under control, but in some cases things may never go back to the way they were. Sometimes, the best you can hope for is just to strike a balance between native and invasive species.

When you do landcare restoration work or home gardening, I urge you to look up the plant history and see if the species you're thinking of planting is listed as one that might cause problems in future.

When you go to purchase from a nursery or plant centre, be cautious. Think twice before you bring something into your garden. Too many species have "jumped the garden fence" and now cost us a great deal in control efforts and in native species loss.

Lots of apps, such as PlantNet, can help you identify plants and see what is native to your area.

Australia has spent billions trying to control invasive species and environmental weeds. Anything you can do to help is a bonus.

How to Roast a Whole Duck

From The Free Range Butcher

Any kind of roast is easy and delicious but I think a roast duck is something to get excited about. Duck has a stronger flavour than chicken, which means you can keep your sides nice and simple to not compete with the flavour of the duck.



Here's few tips to help you get the perfect roast duck.

Method:

- The night before, remove duck from packaging, pat dry skin and leave in fridge overnight for skin to dry out.
- To ensure even cooking, never stuff a duck but instead add your aromatics to cavity then tie the legs together and push the wings back.
- Place duck on a rack in roasting tray and place more aromatics around. Season duck with salt and pepper.
- Roast for 40 mins per kg until golden brown. Remove from oven and rest for 20 mins.
- Cut duck into portion using a sharp knife.
- Duck reheats well so you can cook ahead of time, joint it when cool and then reheat the portions skin side up in a hot oven or under a hot grill. Always serve sauce on the side, not on the crispy skin.
- Don't waste the duck fat! Pour the liquid from the bottom of the pan into a jug and leave to cool. Scoop the fat off the top, store in the fridge and use to make the most amazing roast potatoes. You can also add potatoes to the same pan as you duck and roast at the same time.
- Use the leftover juices to make a sauce for your duck.



Golf Notes

The dynamic duo of Sam Faint and Paul Grigg continued their good form to combine to take out the John Freeman and Mick Djurik 4 BBB Aggregate trophy on Sunday. With a combined total of 70 stableford points they edged out the pairing of Des Kelaher and Peter Simpson on 67 points with balls also going to Campbell Tonkin and Will Sedgwick 66 points and Firmen Allan and Daniel Anderson 65 points. NTPs went to Bevan Benson on the 6th, Dave McMurtrie on the 12th and Peter York again on 18th. In some close match play results Graham Bowman and Dave McMurtrie defeated Bevan Benson and Liam Johnston after 2 extra play off holes on the 20th whilst Will Sedgwick and Campbell Tonkin defeated Peter and Mike Artis at the 19th. Sam Faint and Paul Grigg defeated Daniel Anderson and Firmen Allan 4 and 3.

Next Sunday September 19th is an Individual Stableford for the Vera Doyle Memorial trophy.

On Sunday the 26th September is our very popular 4 Person 9 hole Ambrose event in aid of Breast Cancer. These days are for golfers and non golfers and are always a lot of fun. What a great opportunity to have a post lockdown breakout with your friends whilst also raising money for a great cause. So if you want to plan a 4 person team or be put in a team come on out at 12.30pm Sunday 26th September for a 1 pm hit off.

Barraba 7 day Forecast from the Bureau of Meteorology

Wednesday 15 Sept

Summary Max 19

Mostly sunny

Chance of rain: 0%



Thursday 16 Sept

Summary Min 1 Max 20

Early frost. Sunny

Chance of any rain: 5%



Friday 17 Sept

Summary Min 1 Max 22

Early frost. Sunny

Chance of any rain: 5%



Saturday 18 Sept

Summary Min 4 Max 23

Partly cloudy

Chance of rain: 30%



Sunday 19 Sept

Summary Min 8 Max 27

Mostly sunny

Chance of any rain: 30%



Monday 20 Sept

Summary Min 5 Max 26

Partly cloudy

Chance of any rain: 30%



Tuesday 21 Sept

Summary Min 4 Max 20

Sunny

Chance of any rain: 0%



Regional Dam Levels from Water NSW

Chaffey 100.3%

Copeton 82.7%

Keepit 96.4%

Split Rock 42.2%

PHIL DENYER
MECHANICAL REPAIRS
Ph (02) 67 821 107



Lic No. 306630C

- Plumber
- Drainer
- Gasfitter
- Polywelder
- Roof Welder

Ph. 0408117358

wardsplumbing@bigpond.com

Rod Bonner

Your local Plumber, Drainer,
Gasfitter and Handyman

Lic No. L8791

Text is best 0447 052 140

plumberdrainer@gmail.com

Vaccination Statistics for our Region

NSW Government figures show 65.6 per cent of local residents in age groups eligible to get a vaccination have had their first shot and 34.8 per of those are fully vaccinated.

253 people got vaccinated at the Super Sunday Drop-in Vaccination Hub at the Tamworth Sports Dome. Last Saturday the Tamworth Aboriginal Medical Service administered about 250 second dose vaccinations.